

# RECREATION THERAPY - MINOR PROGRAM

The minor in recreation therapy offers a pathway to careers in healthcare, rehabilitation, community-based special recreation, mental healthcare, adventure education, social services, senior care, and youth development.

The minor is comprised of 18 credit-hours in recreation therapy coursework covering foundations of the profession, program planning and evaluation, intervention techniques, assessment and documentation, diagnostic groups, and professional issues and management. The optional 12 credit-hour Advanced Field Experience is offered as an extension of the minor. The minor plus the Advanced Field Experience and (additional related coursework available through the general education curriculum) create a pathway for students to sit for the Certified Therapeutic Recreation Specialist exam, the nationally accepted credential for qualified providers of recreation therapy services.

Code	Title	Hours
RSTM 210	Foundations of Recreation Therapy	3
RSTM 331	Program Planning and Evaluation in Recreation Therapy	3
RSTM 333	Principles and Practice of Interventions in Recreation Therapy	3
RSTM 335	Recreation Therapy Assessment and Documentation	3
RSTM 337	Diagnostic Groups in Recreation Therapy	3
RSTM 405	Issues and Trends in Recreation Therapy	3
<b>Total Hours</b>		<b>18</b>

## Advanced and Clinical Field Experience Options

Code	Title	Hours
RSTM 392	Clinical Field Experience in Recreation Therapy *	2
RSTM 498	Advanced Field Experience **	12

\* The 2 CH is option is encouraged for students who have no prior experience working with individuals with disabilities, but not required. Students may find other pathways to experience, including part-time and summer work, and volunteer opportunities.

\*\* The +12 CH option is an academically supervised full-time field experience under the site-based supervision of a CTRS. This option provides an accelerated pathway to certification. This option, however, is not a requirement for completion of the minor program.